## 長文問題のポイント

①まずは正しく解釈ができるように

②たくさん読んで、たくさん聴く

## 長文問題のポイント

③パラグラフの構造を捉える。

④リーズニングを行う。

【長文読解】例題１

①Every year, many countries "spring ahead" by setting their clocks one hour forward in the spring, and they "fall back" in the autumn by setting their clocks back to normal. To avoid this causing confusion during the workweek, both time manipulations happen at midnight, as Saturday becomes Sunday. ( ② ) people in the U.S. prepare to turn their clocks ahead one hour, I find myself facing the disruptions* to my daily routine caused by switching from standard time to daylight savings time*.

問1下線部①Every year で始まる段落の内容と一致するものを一つ選びなさい。

① Some studies indicate that setting clocks back to standard time in the autumn causes harmful effects on our bodies.

② In many countries, when spring comes, the clocks move one hour ahead, and in the autumn they return to standard time.

③ Every spring when the clocks move back one hour, the author's daily routine is thrown off balance.

④ The time change occurs on Sunday at noon in order not to cause confusion.

【長文読解】例題１

①Every year, many countries "spring ahead" by setting their clocks one hour forward in the spring, and they "fall back" in the autumn by setting their clocks back to normal. To avoid this causing confusion during the workweek, both time manipulations happen at midnight, as Saturday becomes Sunday. ( ② ) people in the U.S. prepare to turn their clocks ahead one hour, I find myself facing the disruptions* to my daily routine caused by switching from standard time to daylight savings time*.

問2空所②に入れるのに、もっとも適当なものを一つ選びなさい。

①　Whether

②　If

③　As

④　Unless

【長文読解】例題２

However, the effects of savings time ③go beyond simple inconvenience. Researchers are discovering that "springing ahead" each March is connected with serious negative* health effects.

問3下線部③go beyond の意味として、もっとも適当なものを一つ選びなさい

① exceed

② expand

③ extend

④ expose

【長文読解】例題3

"Falling back" from daylight savings time to standard time each November is relatively harmless; while some people may feel thrown off balance and need a few weeks to recover, research hasn't linked it to serious impacts on health. However, ④"springing forward" is harder on the body because our clock time is moved an hour later. It feels like 7:00 a.m. even though our clock says it is 8:00 a.m. It's a shift to later morning light that lasts for eight months, not just for the day of the change. This has a huge impact on us because morning light sets our body's natural rhythms — it wakes us up and ⑤improves alertness.

問4 下線部④の理由として、もっとも適当なものを一つ選びなさい。

① Morning light reduces sleep quantity and quality.

② Afternoon light disturbs our internal biological rhythms.

③ The effect of moving the clocks back continues for days.

④ There is conflict between our inner clocks and daylight savings time.

【長文読解】例題3

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問5下線部⑤ improves alertnessこの意味として、本文の内容と一致するものを一つ選びなさい。

① increases danger

② shortens consideration

③ enhances attention

④ reduces concentration

## 会話問題のポイント

①指示語の対応をチェック

②疑問文の対応をチェック

③省略を補う

## 【会話問題】例題１

次の会話文を読んで，（　　）内に入れるのに，もっとも適切なものを一つ選びなさい。

A: Are you going to the station now?

B: No. I think I’ll walk home instead.

A:( 21 )

B: I don’t mind. It’s a nice evening for a walk.

① To the station?

② Isn’t it far?

③ Where are you going?

④ What time does the train leave?

## 【会話問題】例題2

次の会話文を読んで，（　　）内に入れるのに，もっとも適切なものを一つ選びなさい。

A: Did your home team win the game?

B:( 22 )

A: Oh, that’s too bad.

B: Never mind. I’m sure they will win the next one.

① Let’s not find out.

② I didn’t watch the game.

③ Yes, it was a great victory.

④ No, they had a bad start.

【会話問題】例題３

次の会話文を読んで，（　　）内に入れるのに，もっとも適切なものを一つ選びなさい。

A: What do you think of this song?

B: It’s not really my genre.

A:(23)

B: Listening to heavy metal always stresses me out.

① Why not?

② Who told you that?

③ What’s your favorite genre?

④ What was your first impression?

## 整序問題のポイント

①日本語文の構造（主語・目的語・修飾関係など）を捉える

②語群からカタマリになる表現を見つける

## 【整序問題】例題１

次の日本語文と同じ意味になるように[　]内の英語を並べ替えなさい。
（文頭にくる語も小文字で始めてあります。）

1日が48時間だったらいいのになあ。

［① forty-eight ② there ③ hours ④ a day ⑤ in ⑥ only ⑦ if ⑧ were］

【整序問題】例題2

次の日本語文と同じ意味になるように[　]内の英語を並べ替えなさい。
（文頭にくる語も小文字で始めてあります。）

チームメートの協力にどれくらい感謝しているか言い表せない。

I will _____ their cooperation.

［① my teammates ② be able ③ how ④ I am to ⑤ to express ⑥ for ⑦ never ⑧ grateful］

## 【整序問題】例題３

次の日本語文と同じ意味になるように[　]内の英語を並べ替えなさい。
（文頭にくる語も小文字で始めてあります。）

彼らはまるでパーティーをしているようだ。

［① they ② as ③ a party ④ having ⑤ it ⑥ sounds ⑦ are ⑧ though］